

SPOKES

CAFE | CYCLERY

BREAKFAST

Bacon, Egg and Cheese Sandwich

Egg, country bacon, and gruyere on toasted sourdough with Dijonnaise

- Substitute avocado

Breakfast Burrito

Scrambled eggs, melted pepperjack, potato, and your choice of bacon, or sausage

Oatmeal

Steel cut with your choice of add-ins: brown sugar, golden raisins, dried cranberries, milk and honey

Gourmet Toast

Thick cut choice of bread, toasted and topped with your selection of:

Peanut butter and honey, Cinnamon and sugar, or Nutella

Sliced avocado, fresh tomato & sea salt

Assorted Pastries and Baked Goods

Selections daily

LUNCH

KID AT HEART

Classic Grilled Cheese

American cheese slices on white

PB&J

Grilled creamy peanut butter and jelly (grape, strawberry, or both) on white

MELTS

Spokes Grilled Cheese Melt

A combination of Gruyere, sharp cheddar and mozzarella on sourdough

Additions available: grilled tomato, avocado, bacon, ham

Meatloaf Melt

Homemade meatloaf, sharp cheddar, spicy ketchup, crispy onion strings on white

Fancy Grilled Cheese Melt

Swiss, arugula, caramelized onions, sliced apples, and fig marmalade on grain bread

Grilled Chicken Melt

Grilled sliced chicken breast, Swiss, avocado, lettuce, tomato and chipotle aioli served on sourdough

Pulled Pork Melt

Pulled pork, BBQ sauce, pickles, white cheddar, crispy onion strings on white

Grilled Cuban Melt

Roasted pork, ham, Swiss, mustard, and pickles on a Cuban roll

CLASSICS

Classic Club

Ham, turkey, bacon, Swiss/ American cheese, lettuce, tomato, and honey mustard on wheat

Chicken Salad

Fresh made with lettuce, tomato, and served on choice of bread

Turkey

Sliced smoked turkey, veggie cream cheese, white cheddar, lettuce and tomato

Tuna Melt

Fresh made with lettuce, tomato, and served on choice of bread

Reuben

Corned beef, braised red cabbage, Swiss, and house thousand island on marbled rye. Sub sauerkraut if you hate trying something new!

BLT

Pepper bacon, sharp cheddar cheese, lettuce, tomato, and basil mayo

SALADS OR WRAPS

Greek Veggie

Hummus, roasted red pepper, cucumber, feta, red onions, tzatziki sauce on a garlic wrap

Club

Romaine, ham, grilled chicken, egg, red onions, carrots, celery, tomato, shredded sharp cheddar and croutons

Buffalo Chicken

Grilled chicken, wing sauce, shredded celery and carrots, blue cheese crumbles and house-made ranch

Strawberry | Mandarin | Almond

Leaf lettuce, red onion, toasted almonds, blue cheese crumbles, strawberries, mandarin oranges tossed in vinaigrette

SOUPS

Tomato Bisque

Chili (Sept-March)

French Onion

Soup du Jour

SIDES

Mac n Cheese

Cole Slaw

Chickpea, Cherry, and
Ginger Salad

Pasta Salad

Kettle Chips

DESSERTS

Salted Caramel Brownie Sundae

Homemade salted caramel brownie, vanilla bean ice cream, chocolate and caramel sauce, whipped cream and a cherry

Cookies and Milk

Mom's famous chocolate chip cookies and tall glass of cold milk

NIGHT TIME SNACKS

Charcuterie Tray

Assorted meat, cheese, crackers, ask your server

Chips and Cheese

Melted jalapeno cheddar with corn chips-jalapenos upon request

Make them loaded - add chili or chicken, shredded pepperjack, onions, tomatoes, chipotle sour cream

Quesedilla

Chicken, pepperjack cheese, beans, salsa, jalapenos, and chipotle sour cream

Warm Pretzels

Salted served with jalapeno cheese or ale mustard

Hummus

Served with fresh veggies and toasted pita slices

Mexicali Corn Dip

Mexican corn, scallions, and shredded sharp cheddar cheese, black olives, and green chilies served with corn chips.

Spiced Nuts

Cashews, pecans, almonds, pistachios, peanuts glazed with rosemary, cane sugar and a hint of cayenne

Kettle Chips and French Onion Dip or Ranch or half/half

Chips and dip, as simple as that!

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